

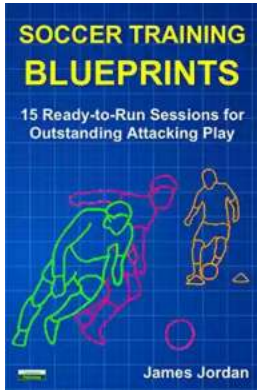
# 15 Ready To Run Sessions For Outstanding Attacking Play



Attacking play is an essential aspect of any successful soccer team. It is the ability to score goals that often separates the winners from the rest. To help your team develop outstanding attacking skills, we have curated a list of 15 ready to run training sessions. These sessions are designed to improve your players' technical skills, tactical understanding, and decision-making abilities in the final third.

## 1. Creative Dribbling Workshop

### Soccer Training Blueprints: 15 Ready-to-Run Sessions for Outstanding Attacking Play



by Zondervan,(Kindle Edition)

★★★★☆ 4.5 out of 5

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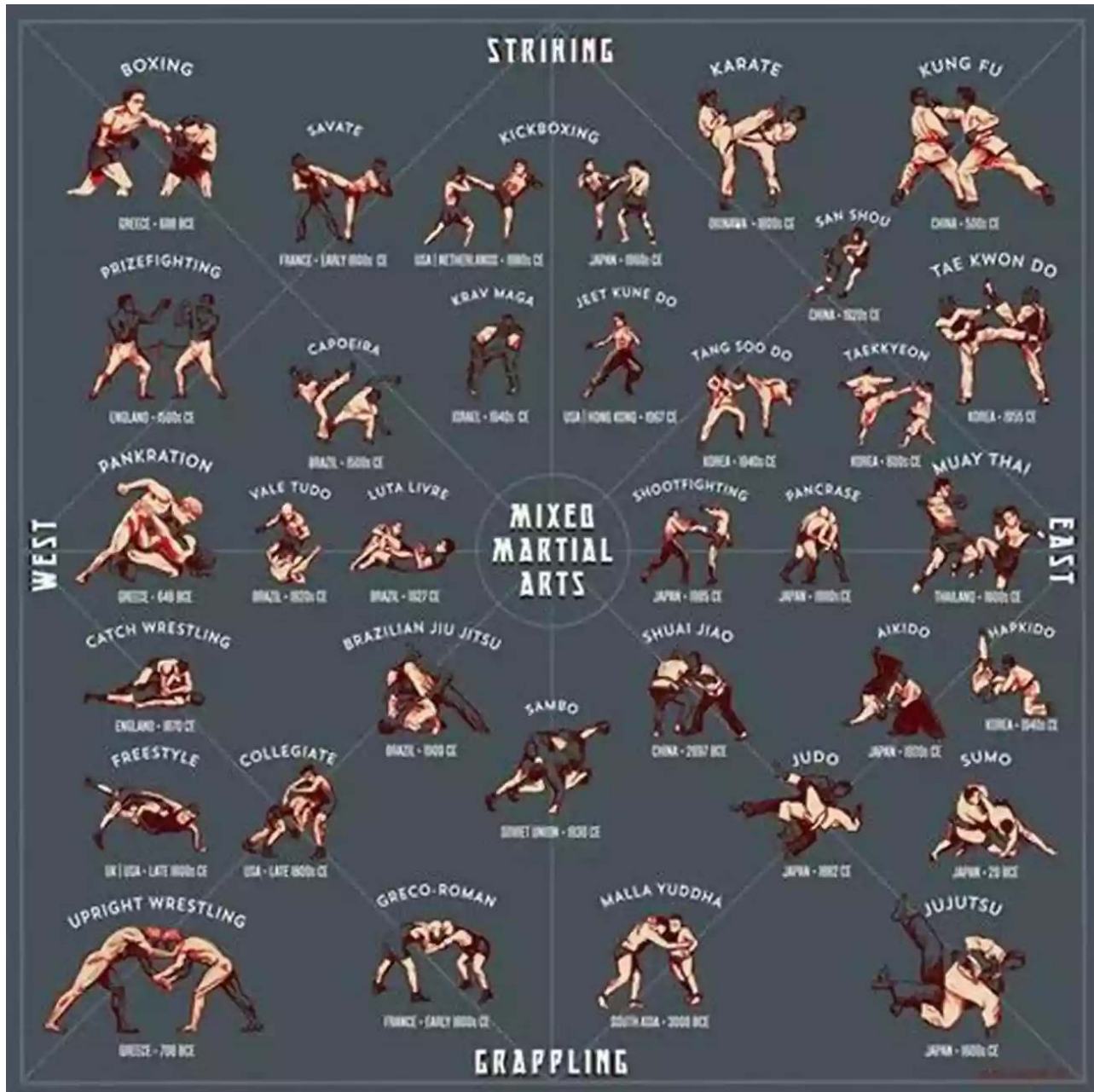
In this intensive workshop, players will learn various advanced dribbling techniques to beat defenders in one-on-one situations. The session focuses on body feints, changes of direction, and quick combinations to create space in tight areas.

## 2. Precision Passing Masterclass



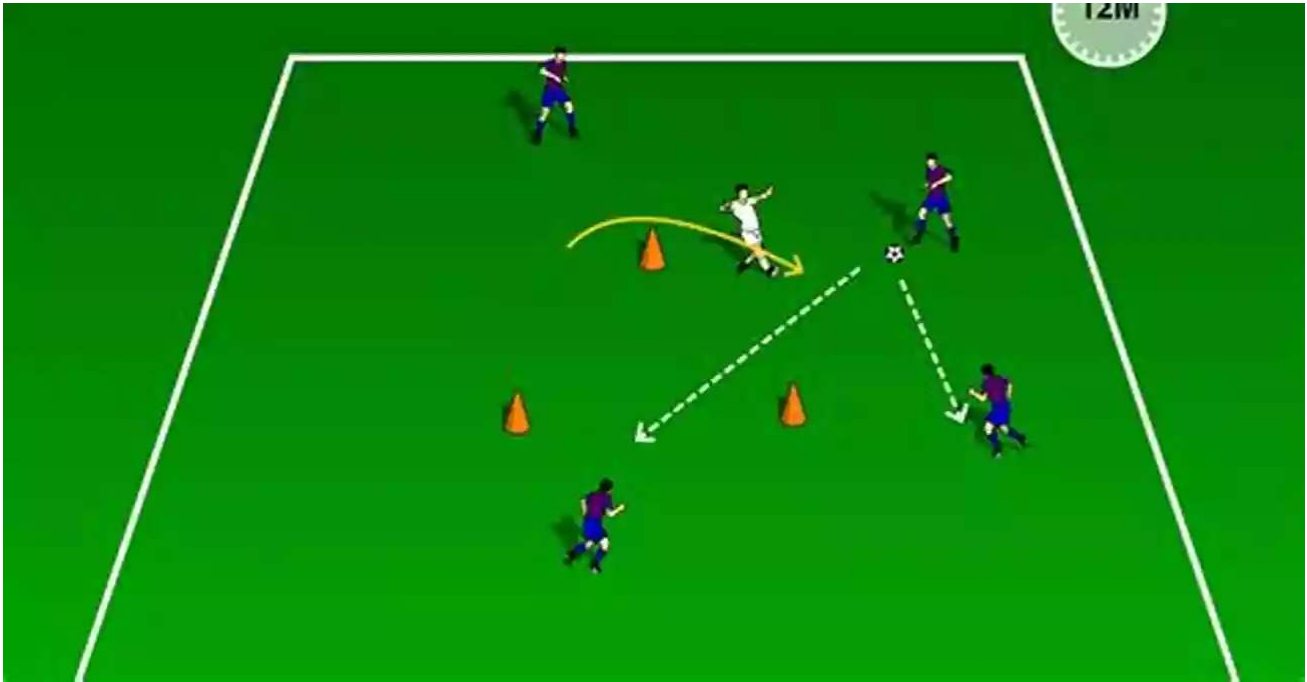
This session emphasizes accurate passing over short and long distances. Players will work on improving their passing technique, weight of the pass, and vision to exploit attacking opportunities. The drills involve passing patterns, small-sided games, and simulated match scenarios.

### 3. Effective Crossing Techniques



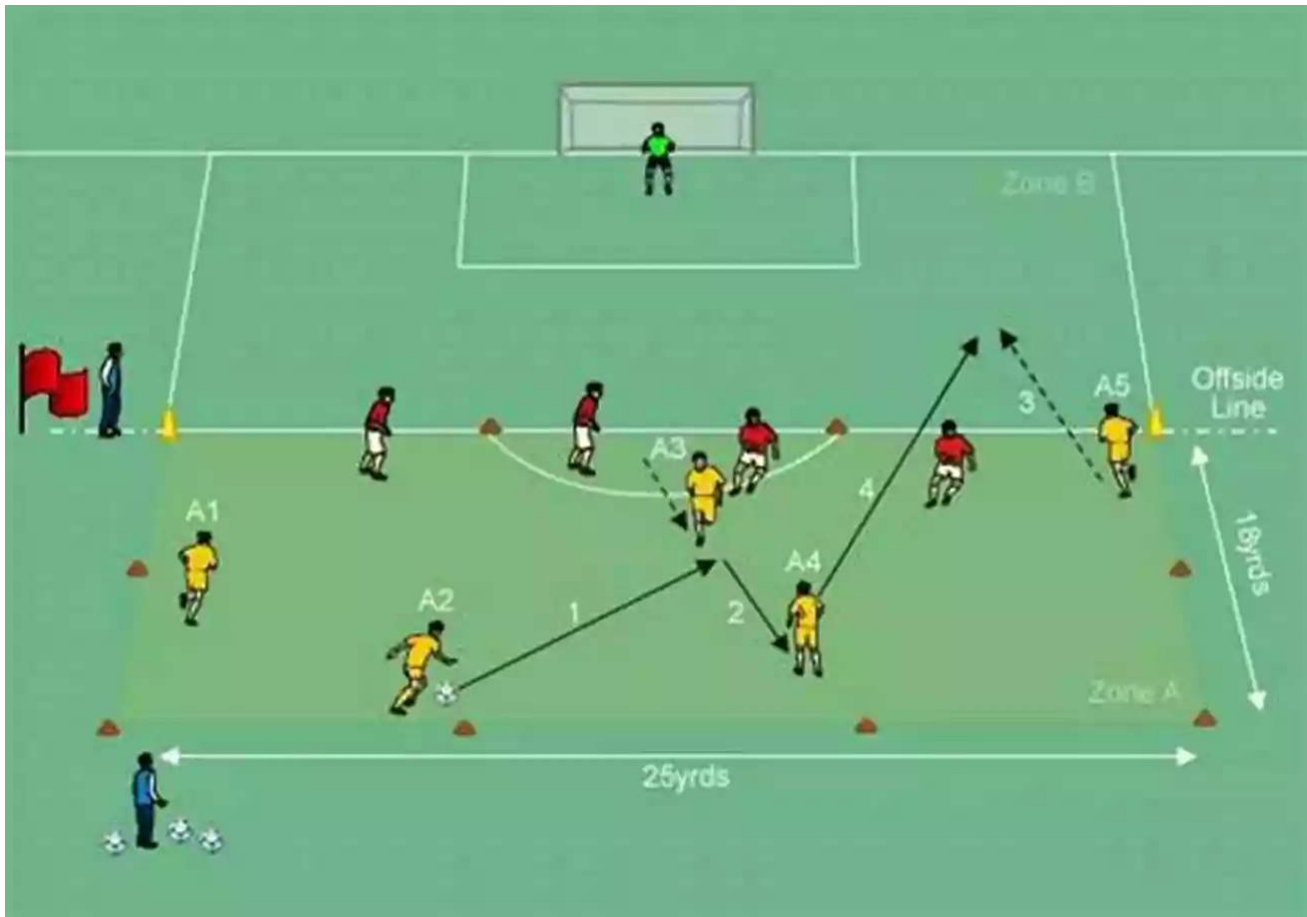
Crossing plays a crucial role in creating goal-scoring chances. In this session, players will learn various crossing techniques such as whipped crosses, driven crosses, and cutback crosses. They will also understand the importance of timing, positioning, and communication to maximize the impact of crosses.

#### 4. Dynamic Movement Off the Ball



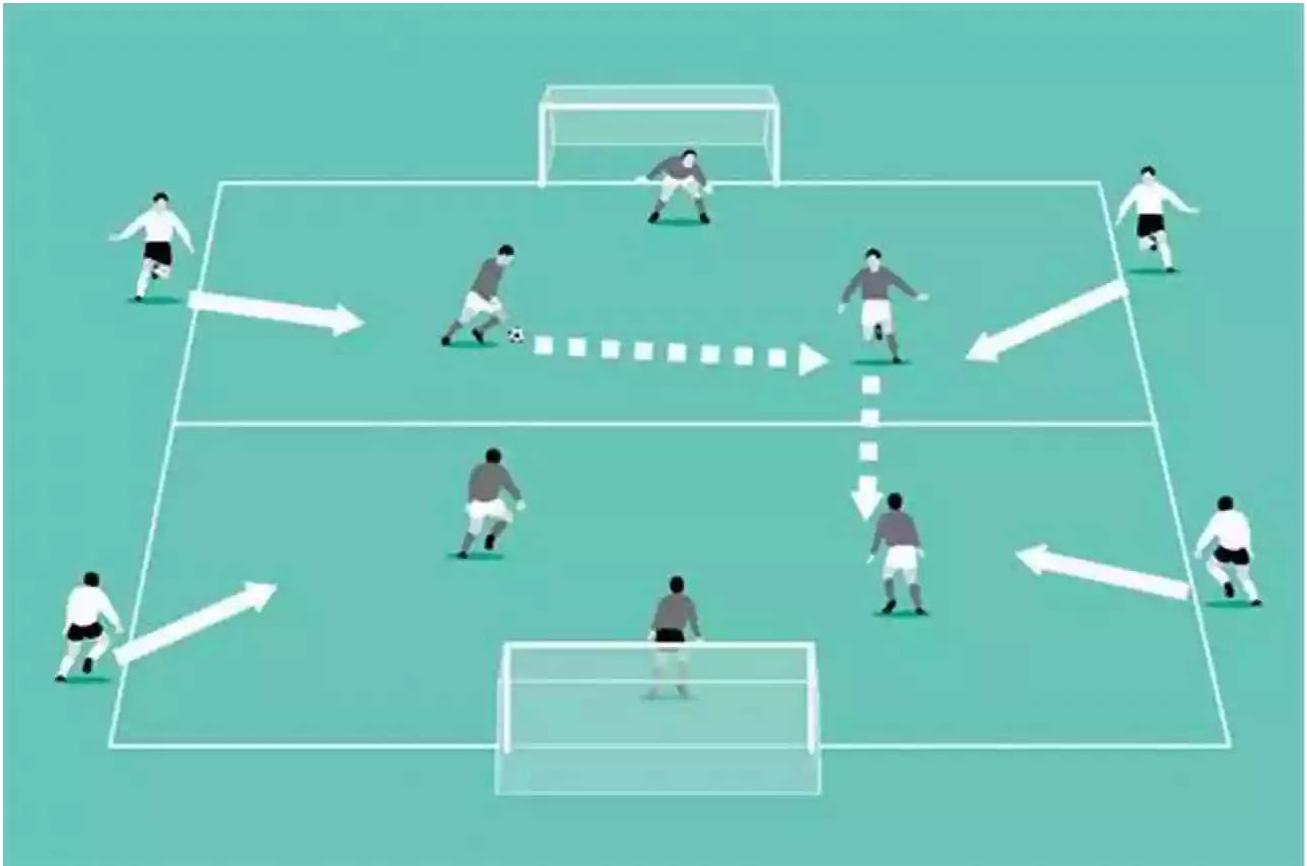
Making intelligent off-the-ball movements is essential for creating scoring opportunities. This session focuses on teaching players how to make effective runs, exploit spaces, and create passing angles. It will improve their understanding of positional play and increase their attacking threat.

## 5. Developing Combination Play



Combination play involves quick passing and movement to break through defensive lines. This session helps players develop an understanding of timing, angles, and decision-making required for effective combinations. They will practice various coordinated patterns in different areas of the pitch.

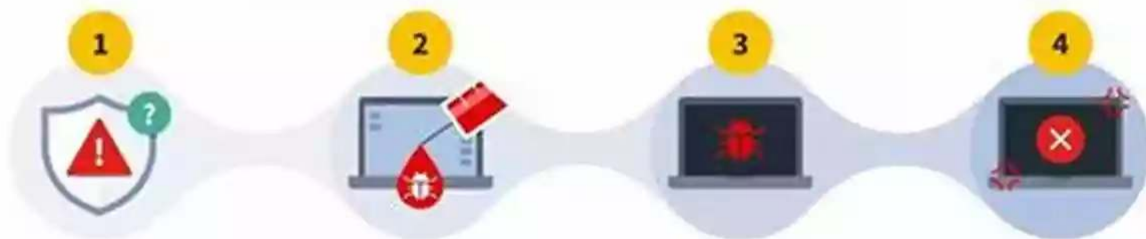
## 6. Finishing Under Pressure



Scoring goals consistently requires composure and clinical finishing abilities. This session focuses on developing players' technique, precision, and decision-making in high-pressure situations. They will learn how to react quickly, shoot accurately, and anticipate goalkeeper movements.

## 7. Exploiting the Counterattack

## Zero-Day Attacks Explained



1

**A security flaw exists** but is unbeknown to developers, making it vulnerable to attacks.

2

**A hacker discovers** the vulnerability and exploits it by malware injection.

3

**A cyberattack ensues** from the malware, potentially resulting in data loss.

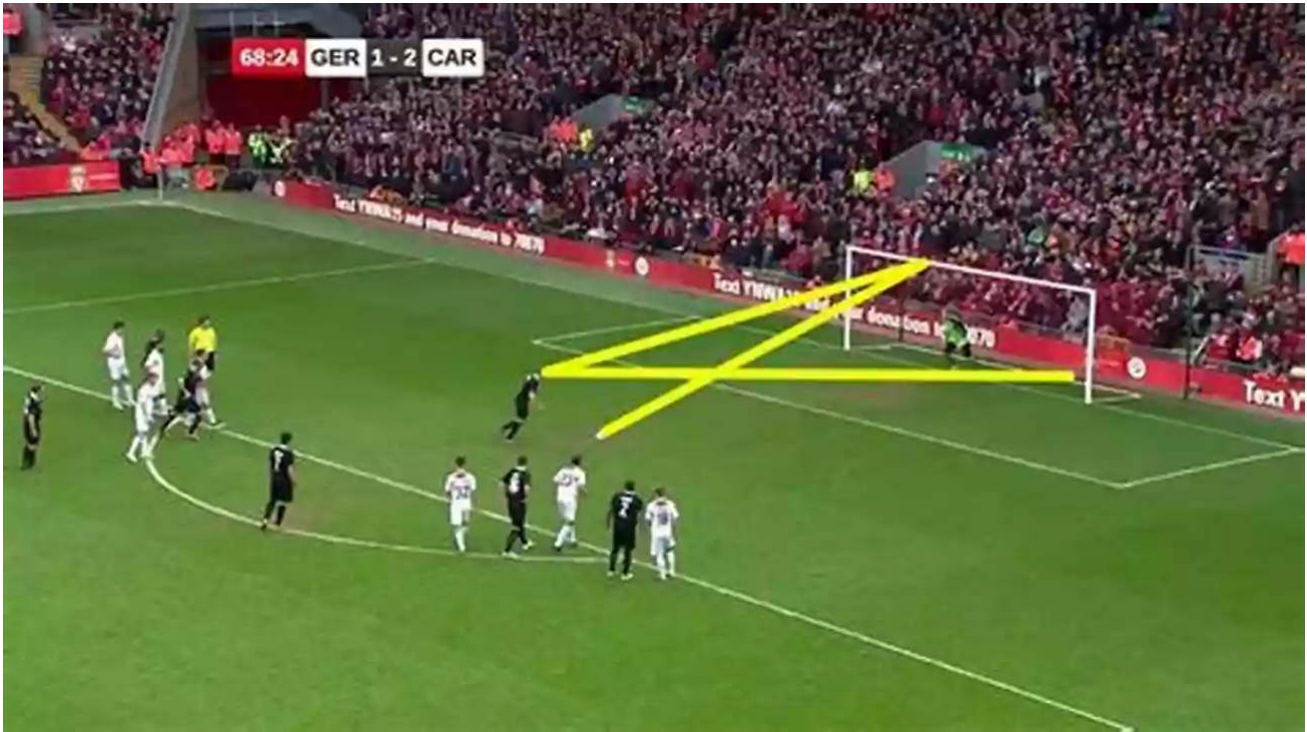
4

**Developers detect** the attack and have zero days to mitigate it.

Counterattacks can be highly effective in catching opponents off guard. This session teaches players how to transition quickly from defense to attack, exploit spaces behind the opposition's defensive line, and make intelligent runs to receive long passes. It enhances their ability to launch lethal counterattacks consistently.

8. Shooting From Distance

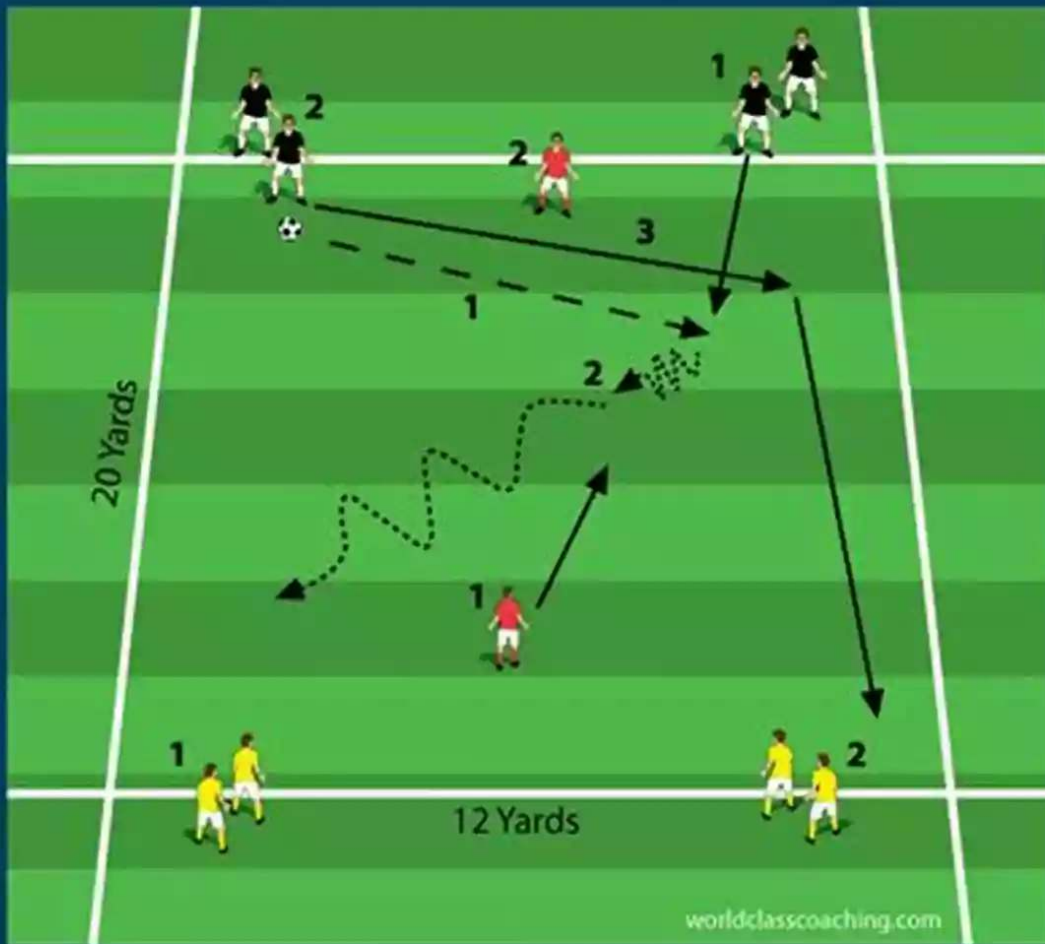




Long-range shooting adds an extra dimension to attacking play. In this session, players will practice shooting from distance, aiming for accuracy, power, and unpredictability. They will also learn to recognize opportunities when to take shots from outside the penalty area.

## 9. Attacking Overlaps and Width

## 2 v 1 Attacking - Progression #1

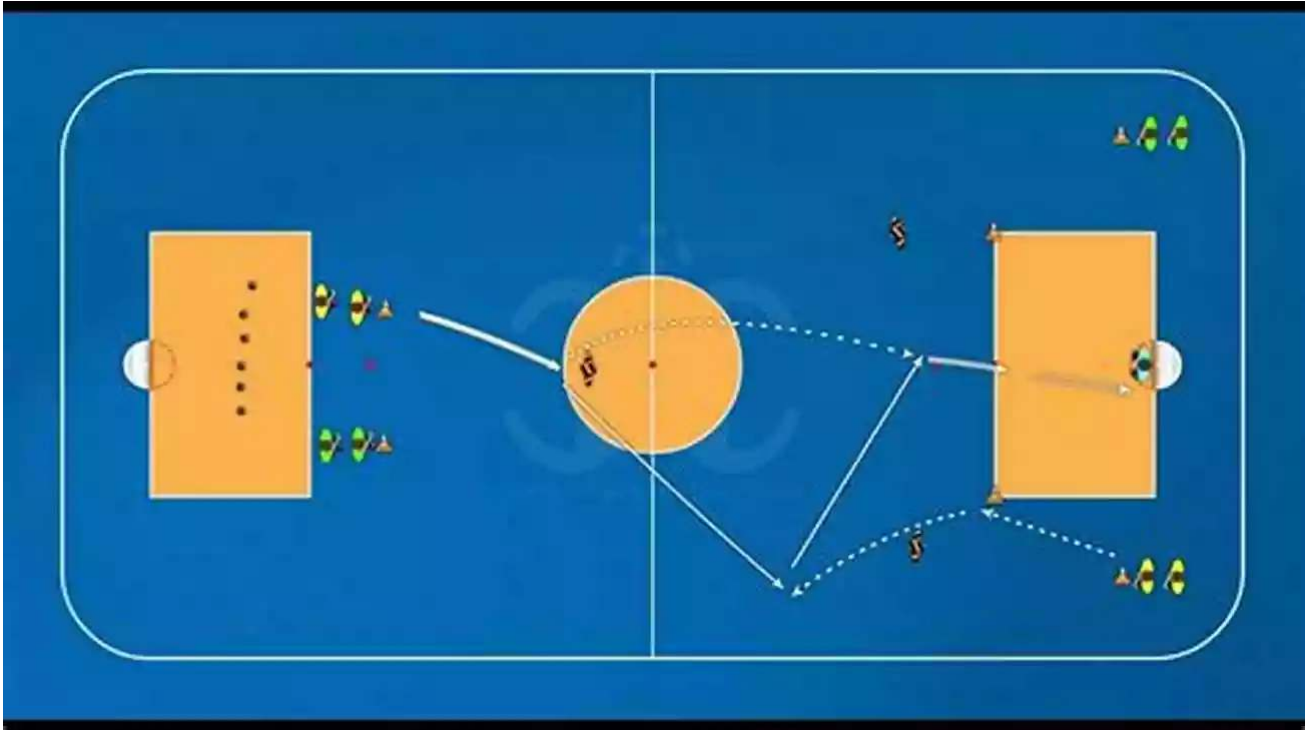


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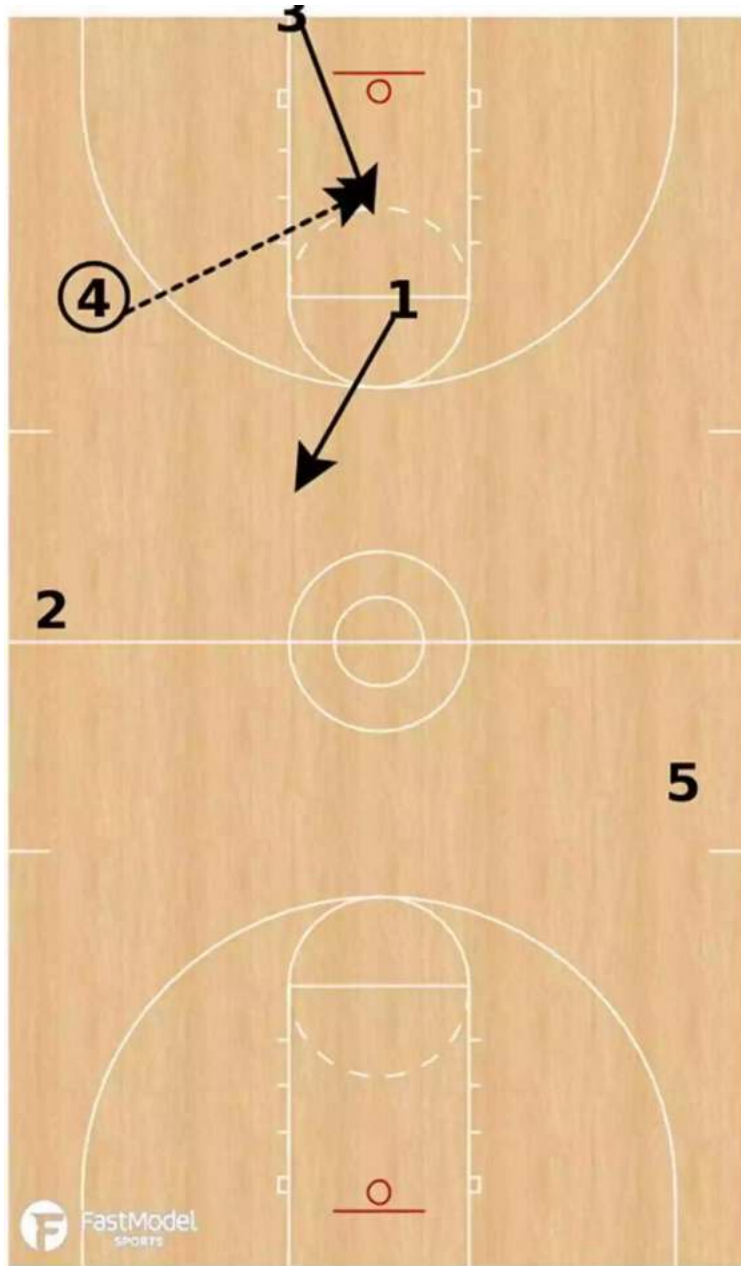
Attacking overlaps offer a wide range of options for teams in the final third. This session focuses on utilizing overlapping runs, creating width, and exploiting the spaces created. Players will practice synchronized movements, timed support runs, and accurate crosses from wide areas.

10. Offensive Transitions and Quick Play



Swift transitions from defense to attack can catch opponents off balance. This session helps players refine their ability to immediately switch to attacking mode and exploit the disorganized opposition defense. They will practice quick passing, forward runs, and fast decision-making.

## 11. Breaking High-Pressing Defenses



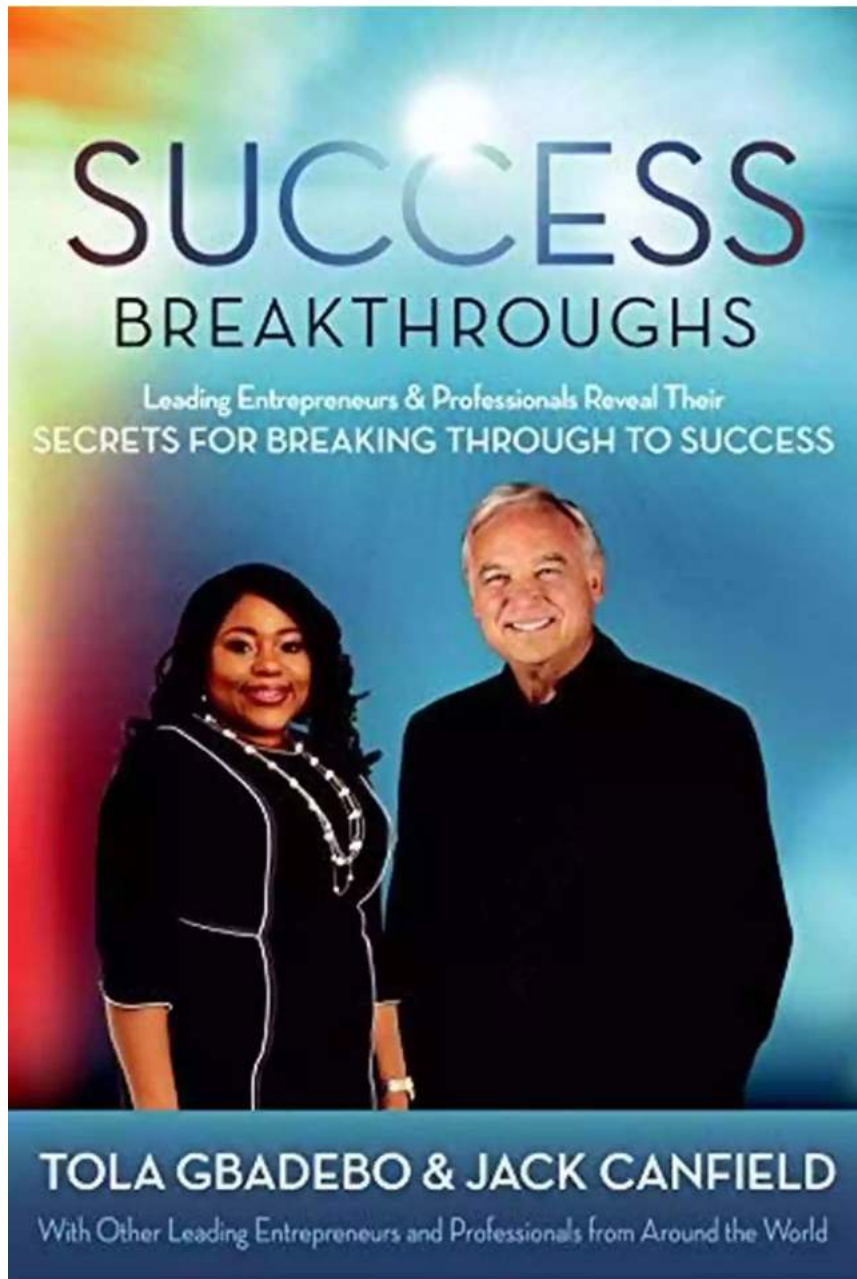
Navigating through high-pressing defenses requires exceptional skill and precision. This session focuses on developing players' technique, dribbling abilities, and awareness to beat aggressive defenders. It teaches strategies to create space, retain possession, and penetrate through tightly organized defensive lines.

## 12. Playing Through the Middle



Playing through the middle offers a direct route towards the opponent's goal. This session improves the players' ability to combine effectively, link play through the central areas, and break defensive lines with well-timed through balls. It enhances their understanding of central attacking play and building attacks from midfield.

### 13. Overcoming Low-Block Defenses



Low-block defenses can be challenging to break down. This session focuses on teaching players how to create and exploit spaces against deep-lying opposition. They will practice patient build-up play, quick combination passing, and effective movement to create scoring opportunities.

#### 14. Quick Set-Piece Attacks



Set-pieces offer excellent opportunities to score goals. This session concentrates on developing quick set-piece routines, signaling, movement, and coordination to exploit defensive disorganization. Players will practice well-drilled set-pieces for deadly attacks.

#### 15. Imaginative Free-Kick Variations



Free-kicks can be an effective way to create goal-scoring situations. This session introduces players to imaginative free-kick variations with decoy runs, unexpected passes, and clever movement. They will learn to surprise the opposition defense and increase their chances of converting free-kicks into goals.

Incorporating these 15 ready to run attacking play sessions into your team's training routine will enhance their attacking abilities, increase their goal-scoring threat, and unlock their full potential in the final third. Remember, consistent practice, dedication, and a positive mindset are key to achieving outstanding success on the soccer field.

## **Soccer Training Blueprints: 15 Ready-to-Run Sessions for Outstanding Attacking Play**

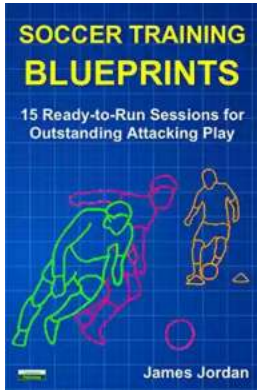
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Are you a busy coach and time is tight? Would you like to get hands on with ready-to-use session templates quickly? Then this book is for you! Minimizing jargon and looking to maximize the limited contact time you have with your players, Soccer Training Blueprints is a must-read practical book for coaches of all levels.

Utilising a game-based approach to soccer – where individuals actually play games rather than growing old in semi-static drills – author James Jordan offers 15 detailed session plans (comprised of 75 cutting-edge exercises) to help coaches develop attacking mindsets and improved skills in their players, and, most of all, nurture a love for soccer.

Through his approach, James has won six High School State Championships and one Classic 1 Boys' Club Championship over the past decade.

Aimed at coaches of both young male and female players, from 5-18 years of age, and adaptable depending on age group and skill set, Soccer Training Blueprints combines game-based soccer concepts with contemporary ideas from educational research on training and preparation to develop players who can think for themselves, execute their skills, and work to a plan. This is not about

coaches standing on the touchlines yelling at their youngsters – this is about developing footballers to love and play the game as best they can!

What the book offers:

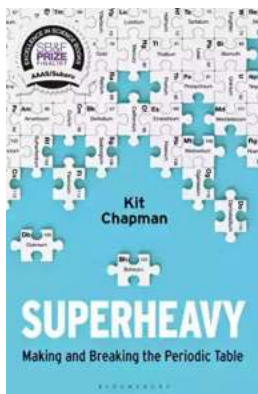
- > A specific topic (e.g., creating opportunities from wide areas).
- > A detailed overview of the session including instructions on setting up the playing field, what players need to do, and scoring outcomes.
- > What players will learn from the session.
- > Coaching points for the session.
- > Guided discovery questions.

Please Note: This is the sister book to The Volunteer Soccer Coach. If you already have a copy of that book, please do not purchase this one.



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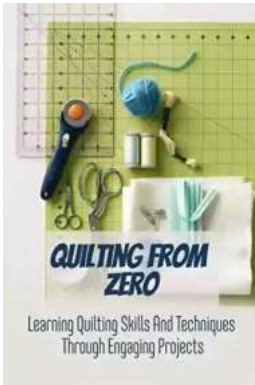
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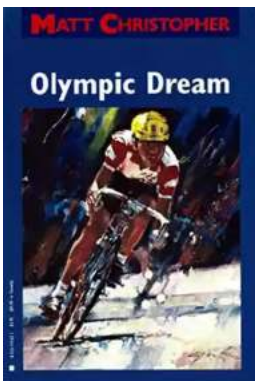
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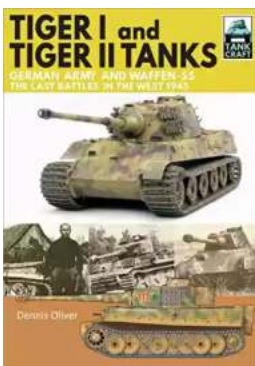
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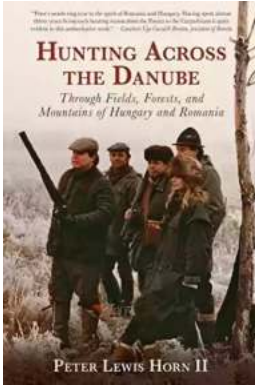
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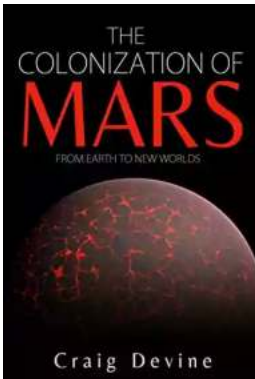
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