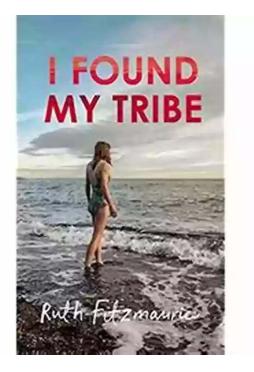
# Found My Tribe Memoir: The Powerful Tale of Love and Resilience



Have you ever felt lost in this big world, yearning for love and acceptance? Have you ever wondered where you truly belong? Welcome to the extraordinary story of 'Found My Tribe,' the inspiring memoir penned by Ruth Fitzmaurice. In this article, we will dive deep into the captivating narrative of love, resilience, and the strength to embrace life's challenges with open arms.

#### **The Journey Begins**

'Found My Tribe' takes us on a mesmerizing journey through the life of Ruth Fitzmaurice, a woman who discovers her true self amidst the chaos of life. The memoir serves as a window into Ruth's experiences as the wife of acclaimed filmmaker Simon Fitzmaurice, who was diagnosed with Motor Neuron Disease (MND) at the age of 34.

## RUTH FITZMAURICE I FOUND MY TRIBE

### I Found My Tribe: A Memoir

by Ruth Fitzmaurice(Kindle Edition)

★★★★★ 4	.4 out of 5
Language	: English
File size	: 3698 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesett	ing : Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 220 pages
Lending	: Enabled



As Ruth faces the challenges of raising five children while witnessing her husband's physical decline, she embarks on a quest to find her tribe – a group of friends who share her passion for the sea and embrace life's uncertainties. Through their daily dips in the icy Atlantic waters of Ireland, the "Tragic Wives' Swimming Club" is born – a testament to the power of friendship, resilience, and finding solace amidst adversity.

#### A Heartfelt Tale of Love and Acceptance

At the core of this poignant memoir lies a beautiful love story. Ruth's unwavering dedication and unconditional love for her husband Simon shine through, as she navigates the complexities of being a caregiver while nurturing her own dreams. Together, they prove that love has the power to conquer even the darkest of times.

Ruth's lyrical prose paints a vivid picture of the beauty in her surroundings and the strength she finds within herself, imparting a sense of hope and resilience.

From the shimmering sea waves to the laughter shared with her dear friends, every moment in 'Found My Tribe' is infused with the power of love and acceptance.



#### Themes of Resilience and Empowerment

'Found My Tribe' carries an empowering message for readers around the world. It encourages us to embrace the challenges life throws our way and find strength within ourselves. Ruth's journey inspires us to seek our own tribe – a group of individuals who accept us for who we are, empowering us to become the best version of ourselves. Through her beautifully crafted prose, Ruth reminds us that we have the power to rise above adversity and find solace in the most unexpected places. As we immerse ourselves in the narrative, we witness the indomitable spirit of a woman who refuses to be defined by her circumstances, urging us to do the same.

### The Impact of 'Found My Tribe'

Since its publication, 'Found My Tribe' has touched the hearts of countless readers worldwide. The memoir has received critical acclaim, with readers praising Ruth Fitzmaurice's ability to inspire and move them through her words. Her story reminds us of the strength that lies within the human spirit and the importance of love and connection in our lives.

'Found My Tribe' has also brought awareness to Motor Neuron Disease and the struggles faced by caregivers and those living with the disease. Ruth's honest portrayal of her experiences has sparked conversations and raised funds for research, offering hope to others who may be going through a similar journey.

'Found My Tribe' is not just a memoir – it is a testament to the power of love, resilience, and the human spirit. Through Ruth Fitzmaurice's poignant words, we are reminded of the strength we possess to overcome challenges and find meaning in the most unexpected places. This remarkable tale of love and acceptance serves as a beacon of hope, guiding us towards our own tribe and allowing us to discover our true selves.

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A transformative, euphoric memoir about finding solace in the unexpected for readers of H is for Hawk, It's Not Yet Dark, and When Breath Becomes Air.

Ruth's tribe are her lively children and her filmmaker and author husband Simon Fitzmaurice who has ALS and can only communicate with his eyes. Ruth's other "tribe" are the friends who gather at the cove in Greystones, Co. Wicklow, and regularly throw themselves into the freezing cold water, just for kicks.

The Tragic Wives' Swimming Club, as they jokingly call themselves, meet to cope with the extreme challenges life puts in their way, not to mention the monster waves rolling over the horizon. Swimming is just one of the daily coping strategies as Ruth fights to preserve the strong but now silent connection with her husband. As she tells the story of their marriage, from diagnosis to their long-standing precarious situation, Ruth also charts her passion for swimming in the wild Irish Sea--culminating in a midnight swim under the full moon on her wedding anniversary.

An invocation to all of us to love as hard as we can, and live even harder, I Found My Tribe is an urgent and uplifting letter to a husband, family, friends, the natural world, and the brightness of life.



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