

# Some Promises Are Too Precious To Break But Some Emotions Are Just Too Strong

Life is a constant interplay between promises made and emotions experienced. It is through these promises and emotions that we navigate the intricate web of relationships that define our existence. Sometimes, we encounter promises that are too precious to break, while at other times, we find ourselves overwhelmed by emotions that are simply too strong to ignore.

Promises are not mere words; they are commitments we make to ourselves and others. They provide a sense of security, trust, and hope for the future. When we make a promise, we validate the significance of our words and acknowledge the impact they can have on ourselves and those around us.

However, upholding promises requires strength and dedication. It is not always easy to follow through on what we have pledged. Sometimes circumstances change, and the path we envisioned diverges from the one we find ourselves on. In such instances, we are faced with a choice – do we break the promise and risk damaging the trust and connection we have built, or do we find a way to realign our actions with our commitments?



## Intertwined: Some promises are too precious to break... but some emotions are just too strong to

**fight!** by Anne Boles Levy (Kindle Edition)

★★★★☆ 4.7 out of 5

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Breaking promises can cause immense pain and disappointment. It can shatter the trust we have cultivated with others and ourselves. The consequences of renegeing on our commitments are far-reaching and can have a lasting impact on our relationships and personal integrity.

On the other hand, emotions are the fuel that drives us forward, propelling us to take action and leading us to experience the deepest joys and sorrows. Emotions are the essence of being human and are intricately tied to our thoughts, feelings, and actions. They color our world, influencing how we perceive and navigate through life.

Sometimes, emotions are so strong that they become overpowering, consuming our every thought and action. Love, anger, grief, and joy are just a few examples of emotions that have the power to dominate our lives. In these moments, it can feel as if our emotions are dictating our decisions, leaving us little control or choice in the matter.

When faced with overpowering emotions, it can be easy to lose sight of the promises we have made. The intensity of the emotion can fog our judgment and blur our priorities, leading us to make decisions that go against our better judgment and the commitments we have made.

In such instances, it is essential to take a step back and reflect on the promises we hold dear. Are the emotions we are experiencing aligned with the

commitments we have made? Are our actions in line with our values and the promises we have made to ourselves and others? It is through self-reflection and introspection that we can regain control and ensure that our emotions do not cause us to break the promises that are too precious to break.

Finding a balance between promises and emotions is a delicate dance. It requires constant self-awareness and a commitment to staying true to our word, even in the face of overwhelming emotions. It is about recognizing when our emotions are clouding our judgment and taking the necessary steps to realign ourselves with our commitments.

At times, this may mean seeking support from others – sharing our struggles and vulnerabilities so that they can help us navigate through the storm of emotions. It may also involve seeking professional guidance, such as therapy or counseling, to provide us with the tools and strategies to manage our emotions effectively.

Ultimately, the interplay between promises and emotions is what shapes our relationships, defines our character, and determines the course of our lives. While some promises are too precious to break, it is important to acknowledge that our emotions can be equally powerful. By finding a balance between the two, we can navigate the complexities of life with grace and integrity.

, promises and emotions are vital aspects of our human experience. While some promises are too precious to break, some emotions are just too strong to ignore. It is through a delicate dance between the two that we can navigate the intricacies of life and find fulfillment in our relationships and personal growth. By remaining mindful of the promises we make and taking steps to manage our emotions effectively, we can continue to honor our commitments while embracing the inherent power and beauty of our emotions.



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Some promises may be too precious to break.

Some bonds may be too strong to sever.

Some relationships may be too beautiful to damage.

But some emotions are just too strong to fight.

The women in Brianne Montgomery's family have a curse that compels them to marry before the age of thirty-one, and she wasn't going to be the first one to break it.

Her life seemed perfect. Her parents were happily married and she had a wonderful brother who looked out for her. The only thing she hated about her life was Travis Cross—her brother's annoying best friend.

But Brianne's life took a sudden turn with a tragic death in her family. In an instant, she lost everything she held close to her in her perfect life.

Travis made a lifetime promise to take care of Brianne for the rest of his life. He promised to be her safety guy to save her from the family curse. He also promised her brother he wouldn't touch or even want her. And Travis is one person who knows how to keep his promises--no matter what the cost.

Soon, their once hateful relationship turned into an unbreakable bond of love and friendship.

However, their dependent and comfortable relationship would always be complicated because of the yearning inside Travis that craved Brianne like a drug. And Brianne struggled to stay immune to his charms. She had already lost so much, and Travis had become the most important thing she couldn't afford to gamble with.

This romance follows Travis and Brianne's lives from the age of sixteen to adulthood and how they dealt with family, divorce, death, teen peer pressure, marriage and breakups... all of which make up their deep and unbreakable connection: A relationship so beautiful, they're afraid to risk it for anything... not even for love itself.



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