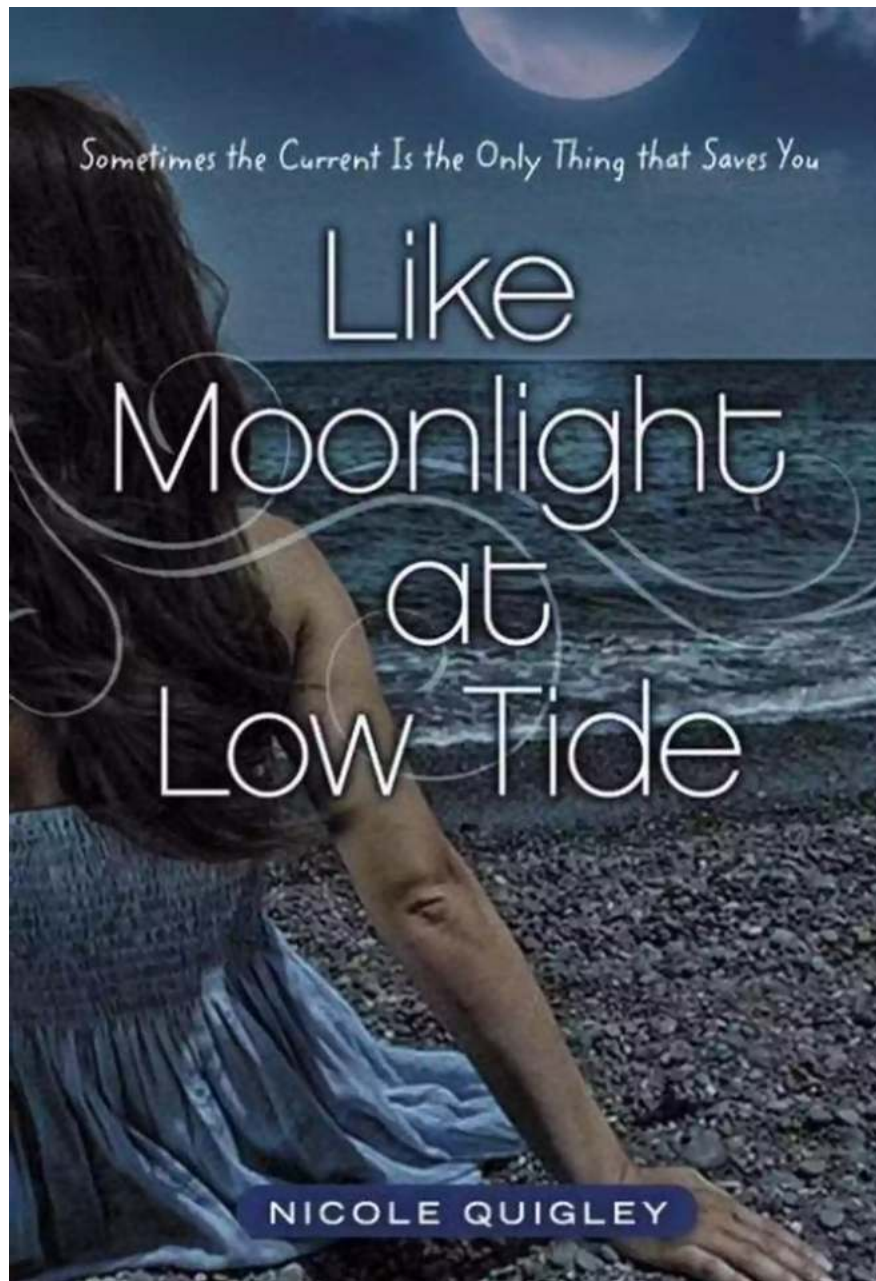


# Sometimes The Current Is The Only Thing That Saves You



Imagine yourself trying to swim against a powerful current. The water is rushing past you, pulling you in a direction you don't want to go. Your arms and legs struggle to keep you afloat, but it feels like an impossible task. Panic starts to set in.

Just as you are about to give up, something miraculous happens. The current changes direction, and suddenly, you find yourself being propelled forward. The force that was once working against you is now working in your favor. In that moment, you realize that sometimes the current is the only thing that can save you.



## Like Moonlight at Low Tide: Sometimes the Current Is the Only Thing that Saves You

by Nicole Quigley (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 1621 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 257 pages



This metaphorical current can be found in various aspects of our lives. We all face challenges, obstacles, and moments of despair. It's during these moments that we must learn to trust the current, to surrender to its power, and allow it to carry us to where we need to be.

### The Current of Life

Life is full of ups and downs, twists and turns. We often find ourselves in situations that seem impossible to overcome. It's in these moments that we must remember that sometimes the current is the only thing that can save us.

Think about a time when you felt lost, confused, or stuck. Maybe it was a difficult breakup, a challenging job, or a major life transition. You may have tried to fight against the current, pushing and pulling to regain control. But in doing so, you only exhausted yourself and made the situation worse.

Now, think about what would have happened if you had surrendered to the current. If you had trusted that it would carry you to where you needed to be. How might your experience have been different?

## **The Power of Letting Go**

Letting go is not a sign of weakness; it's a sign of strength. It takes courage to trust that sometimes the current is the only thing that can save you. When you let go, you open yourself up to new possibilities and allow the universe to guide you.

Letting go doesn't mean giving up. It means releasing the need for control and embracing uncertainty. It means accepting that you don't have all the answers and that's okay. It means having faith in the process and believing that everything will work out in the end.

By letting go, you free yourself from the burdens of the past and the worries of the future. You live in the present moment, fully aware and open to the infinite potential that surrounds you.

## **The Current of Resilience**

Resilience is the ability to bounce back from adversity. It's the strength that lies within us to overcome challenges and keep moving forward. Just as the current can carry us to safety, resilience can help us navigate through the storms of life.

Resilience is not something we are born with; it's something we develop over time. It's a muscle that needs to be exercised and strengthened. Every challenge

we face is an opportunity to build resilience and grow stronger.

When faced with a difficult situation, remind yourself that sometimes the current is the only thing that can save you. Tap into your inner resilience and trust that you have the strength to overcome whatever comes your way.

## Embracing the Current

Life is a constant ebb and flow. It's a river that takes us on a journey, sometimes smooth and gentle, other times wild and turbulent. Rather than fighting against the current, we must learn to embrace it.

Embracing the current means accepting and surrendering to what is. It means being open to change and willing to go with the flow. It means trusting that even in the darkest of times, the current will carry us to safety.

So, the next time you find yourself struggling against the current, remember that sometimes it's the only thing that can save you. Let go of the need for control, tap into your resilience, and embrace the journey. You may be surprised at where the current takes you.



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A recommended teen read by USA Today and winner of the ACFW "Carol Award" for young adult fiction, *Like Moonlight at Low Tide* is a dramatic story of a teenage girl and the three boys who loved her. When high school junior Melissa Keiser returns to her hometown of Anna Maria Island, Florida, she has one goal: hide from the bullies who had convinced her she was the ugliest girl in school. But when she is caught sneaking into a neighbor's pool at night, everything changes. Something is different now that Melissa is sixteen, and the guys and popular girls who once made her life miserable have taken notice. When Melissa gets the chance to escape life in a house ruled by her mom's latest boyfriend, she must choose where her loyalties lie between a long-time crush, a new friend, and her surfer brother who makes it impossible to forget her roots. Just as Melissa seems to achieve everything she ever wanted, she loses a loved one to suicide. Melissa must not only grieve for her loss, she must find the truth about the three boys who loved her and discover that joy sometimes comes from the most unexpected place of all.



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