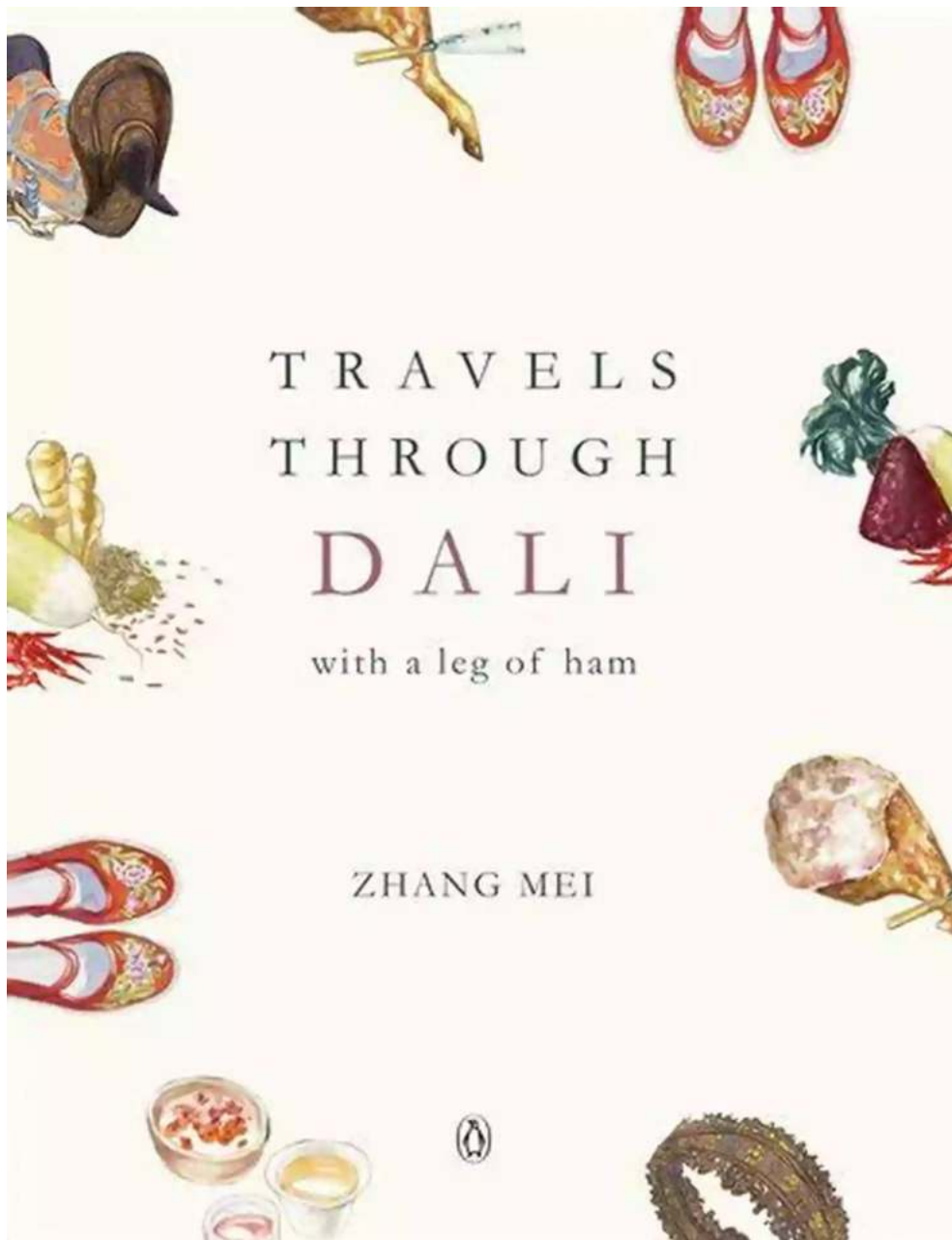
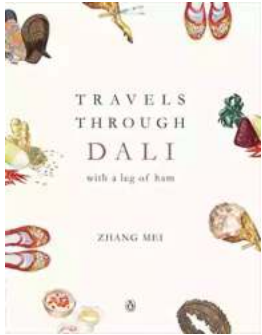


Unveiling the Delights: Travels Through Dali With Leg Of Ham



They say the best way to explore a place is through its culinary wonders. And what better way to embark on a unique gastronomic adventure than with a leg of ham as your trusty companion?

In the heart of Yunnan province, lies the mesmerizing city of Dali. Nestled between the Cangshan Mountains and the serene Erhai Lake, Dali boasts a rich history and a vibrant culture. With its picturesque landscapes, ancient architecture, and diverse cuisine, it is a haven for those seeking off-the-beaten-path experiences.



Travels Through Dali: with a leg of ham

by Mei Zhang(Kindle Edition)

★★★★☆ 4.3 out of 5

Language : English
File size : 62945 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 241 pages



The Arrival

Stepping out of the plane, the crisp mountain air engulfs you as the scent of savory delicacies fills the streets. Armed with a local map and a leg of ham, you set off on a grand adventure through the winding alleyways of Dali.



Exploring Ancient Wonders

Dali's rich history unfolds before you as you make your way through the ancient city walls. The cobblestone streets are a treasure trove of ancient architecture, showcasing a mix of Bai, Hui, and Yi ethnic influences. The leg of ham sits proudly in your backpack, ready to be shared with newfound friends you meet along the way.

Your first stop is the iconic Three Pagodas. These towering structures date back to the Tang Dynasty and offer a glimpse into the region's ancient Buddhist heritage. As you climb to the top, the breathtaking view of the city and the surrounding mountains leaves you in awe.



Next on your list is the Dali Ancient Town. This well-preserved town is a labyrinth of stone-paved streets, stone houses, and ancient courtyards. With the leg of ham acting as a conversation starter, you strike up conversations with locals who eagerly share their stories and recommendations.

The Gastronomic Journey

No travel experience in Dali is complete without indulging in its diverse cuisine. The leg of ham becomes your passport to culinary delights as you venture into traditional eateries and street food stalls.

Your first taste of Dali's gastronomy takes place at a local restaurant serving Bai cuisine. The Bai people are known for their love of fresh ingredients and delicate

flavors. As you savor the tender meat of the leg of ham combined with local herbs and spices, your taste buds dance in delight.

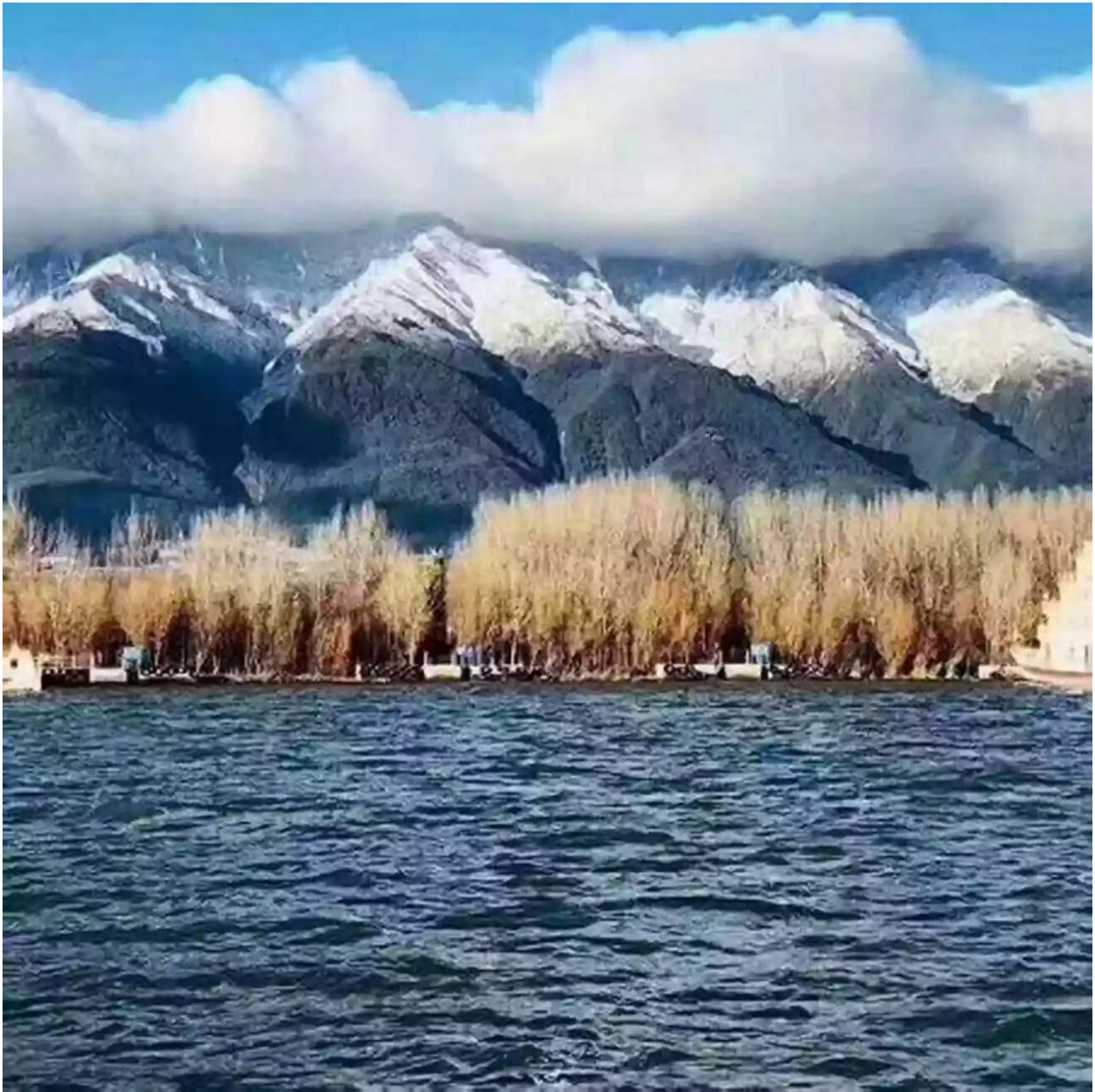
The leg of ham also leads you to a bustling night market where the air is filled with the aroma of sizzling skewers and bubbling hotpots. You join the locals in sampling a variety of street foods, from spicy grilled tofu to crispy fried insects. The leg of ham brings people together, and soon you find yourself exchanging laughter and stories with fellow food enthusiasts.



Unforgettable Landscapes

Beyond the bustling city life, Dali's natural beauty awaits. With the leg of ham strapped to your backpack, you embark on a scenic hike along the shores of Erhai Lake. The crystal-clear waters mirror the surrounding peaks, creating a breathtaking panorama.

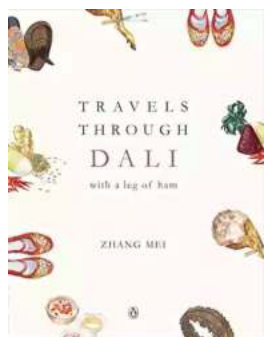
After a day filled with scenic walks and picturesque views, you find solace in the tranquility of the Cangshan Mountains. You set up camp by a trickling stream, enjoying a picnic with the leg of ham as your main course. The mountains, the ham, and the company of nature create a euphoric experience that will forever be ingrained in your memory.



Parting Thoughts

As your journey through Dali comes to an end, you can't help but reflect on the adventures shared with the leg of ham. It served as more than just a travel companion; it opened doors to unique experiences and connections.

Travels through Dali with a leg of ham may seem unconventional, but it is the unexpected that often leads to the most memorable adventures. So, the next time you embark on a journey, don't be afraid to think outside the box. Who knows what remarkable experiences await when you bring along an unexpected companion?



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‘Velvet-red meat patterned with seams of fat like the finest Dali marble. Time has done its work.’

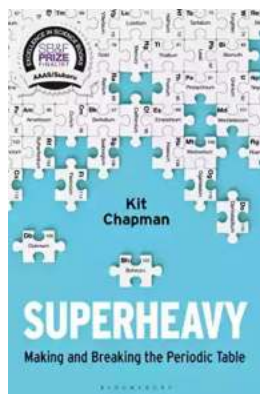
Zhang Mei has always cherished the ham from her native province of Yunnan, China. Growing up in Dali on the banks of the Xi'er River, Mei relished the morsels of ham her father would toss into a dish of spicy green peppers and onions. Over time she learned that the true magic of Yunnan ham lies not just in its salty-sweet taste, produced by an intricate curing process, but also in its ability

to bring people together and carry on a time-honoured way of life. Now a successful entrepreneur, Mei returns to her childhood home, finds a leg of ham and travels with it through the cultural and culinary cradle of Dali. Her edible companion becomes a calling card that takes her into the history and traditions of the region and unveils the unique stories and recipes of those who call it home.



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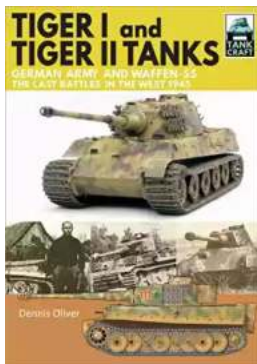
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